

# Struggling with *addiction issues?*

**HRI Hospital can help!**

Our Dual Diagnosis Partial Hospitalization Program focuses on helping individuals in a structured outpatient format.

We can help patients learn to establish healthy ways of coping with and managing their issues.

Program schedule:

- Five groups are offered each day
- Program meets Monday through Friday, from 10 am to 3:15 pm
- Individual therapy is offered once a week
- Psychiatry is offered twice a week
- 2-Week Treatment Module

Break free from your  
substance use.

*Call us today at*  
**857-225-5256.**

*We can be the solution  
you are looking for.*

A person is seen from behind, standing in a field of tall, golden-brown grass. Their arms are raised in the air, reaching towards a bright sunset sky. The sun is low on the horizon, creating a warm, golden glow and lens flare effects. In the background, there are rolling hills and a few birds flying in the distance. The overall mood is one of hope and freedom.

**HRI** HOSPITAL

227 Babcock Street  
Brookline, MA 02446

857-225-5256

[hrihospital.com](http://hrihospital.com)



**Some of the group topics include:**

- Healthy relationships
- Coping skills/safety tools
- Symptoms and wellness management
  - Expressive therapy
- Dialectical Behavior Therapy
  - Anger management
    - Sober living
- Mindfulness and meditation
  - Discharge planning
- Cognitive Behavioral Therapy

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